

## TARGET AUDIENCE & OBJECTIVES

### TARGET AUDIENCE

Physicians, residents, medical students, nurses, mental health professionals, special education teachers and supervisors, and other professionals with an interest in childhood and adolescent behaviors.

### OBJECTIVES

#### Morning Session 7:30 a.m. to 12:30 p.m.

##### I. Autism

1. Describe Autism Spectrum Disorders and their treatment
2. Review several screening tools for assessment and early interventions that can be used in a primary care setting
3. Summarize the findings of early intervention programs

#### Afternoon Session 12:30 p.m. to 2:30 p.m.

##### II. Bullying

1. Identify the different types of bullying, including gender differences within types
2. Discuss the appropriate responses to bullying
3. Distinguish the behavioral characteristics of those that bully and those that are bullied

##### III. Other Behavior Challenges of Childhood

1. Identify three types of behavioral challenges of childhood, in addition to bullying
2. Discuss treatment modalities for the three identified behavioral challenges

### PARKING

Parking is located in the Spruce Street Garage at the corner of 6th Avenue and Spruce Street. You may follow the directions to the hospital from the hospital website at [www.readinghospital.org](http://www.readinghospital.org). However, once you get on Penn Avenue, turn onto 6th Avenue instead of 5th Avenue. This will bring you directly to the entrance to the Spruce Street Garage. If you do turn onto 5th Avenue, you can turn onto Spruce Street and then come up to the intersection of Spruce and Sixth Avenue to reach the entrance to the Garage. Once the Spruce Street Garage is full, conference traffic will be directed to the 7th Avenue Garage and advised to take the shuttle bus back to the Clock Tower Entrance at C-Building. If you want printable directions and campus map, please email Udema Millsaps: [millsapsu@readinghospital.org](mailto:millsapsu@readinghospital.org).



 Lancaster General

555 North Duke Street  
P.O. Box 3555  
Lancaster, PA 17604-3555

A COLLABORATIVE CME CONFERENCE PRESENTED BY  
The Reading Hospital and Medical Center & Lancaster General

## 2nd Annual Conference on *Primary Care and Child/Adolescent Psychiatry:* Autism and Other Behavioral Challenges of Childhood



**Friday, May 1, 7:30 a.m. to 3:00 p.m.**  
Registration and Light Breakfast at 7 a.m.

**The Reading Hospital and Medical Center**  
Thun/Janssen Auditorium  
Sixth Avenue and Spruce Street  
West Reading, PA 19611



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and Medical Center  
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# 2nd Annual Conference on Primary Care and Child/Adolescent Psychiatry: Autism and Other Behavioral Challenges of Childhood • MAY 1, 2009

## SCHEDULE

- 7:00 a.m. **Registration and Light Breakfast**
- 7:30 a.m. **Introductions and Brief Overview**  
*Andres J. Pumariega, MD*
- Part I: Autism Spectrum: Diagnosis, Detection, and Treatment**
- 7:40 a.m. **Presentation and Diagnosis of Autism Spectrum Disorders (ASD)**  
*L. Eugene Arnold, M.Ed., MD*
- 8:10 a.m. **Early Childhood Screening and Detection**  
*Diana L. Robins, PhD*
- 9:00 a.m. **Break**
- 9:15 a.m. **Theories of Autism and ASD**  
*Richard P. Malone, MD*
- 10:00 a.m. **Pharmacotherapy of Autism Spectrum**  
*L. Eugene Arnold, M.Ed., MD*
- 10:45 a.m. **Behavioral Treatments in Autism**  
*Susan Hyman-West, PhD*
- 11:30 a.m. **Transition to Lunch and Learn**
- 11:45 a.m. **Discussion Panel: Autism**  
*L. Eugene Arnold, M.Ed., MD; Susan Hyman-West, PhD; Richard P. Malone, MD; Diana L. Robins, PhD*
- Part II: Common Behavioral Challenges of Childhood**
- 12:30 p.m. **Bullying and its Adverse Effects on Mental Health**  
*D. Michael Baxter, MD and Douglas J. Berne, MD*
- 1:30 p.m. **Discussion Panel: Other Common Behavioral Challenges of Childhood**  
*Deborah Bevino, PhD; Adam G. Biuckians, MD; Johanna Kelly, MD; Andres J. Pumariega, MD; Christine M. Stabler, MD*

**Accreditation Statement:** The Reading Hospital and Medical Center is accredited by the Pennsylvania Medical Society to provide Continuing Medical Education for physicians. | **Designation Statement:** The Reading Hospital and Medical Center designates this educational activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. | **Conflict of Interest Statement:** Faculty and all others who have the ability to control the content of Continuing Medical Education activities sponsored by The Reading Hospital and Medical Center are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

**Continuing Professional Education:** The Reading Hospital and Medical Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Reading Hospital and Medical Center maintains responsibility for this program and its content. This program qualifies for 6.75 CE credits for successful completion. Licensed Clinical Social Workers, Licensed Social Workers, Licensed Marriage and Family Therapists, and Licensed Professional Counselors may submit for CE credits for this program. | **Nursing:** This continuing nursing education activity is approved for contact hours by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (2006).

Travel Directions  
available on the website:  
[www.readinghospital.org](http://www.readinghospital.org)

## FACULTY

### Guest Faculty

**L. Eugene Arnold, M.Ed., MD**  
*Professor Emeritus of Psychiatry, Ohio State University*

*Interim Director, Nisonger Center University Center of Excellence in Developmental Disabilities*

**Susan Hyman-West, PhD**  
*Licensed Psychologist Assistant Professor of Psychiatry, Drexel University College of Medicine*

**Richard P. Malone, MD**  
*Board Certified Child and Adolescent Psychiatrist Professor of Psychiatry Drexel University College of Medicine Director, Drexel Autism Center*

**Diana L. Robins, PhD**  
*Assistant Professor Department of Psychology Georgia State University*

### Internal Faculty

**D. Michael Baxter, MD**  
*Chair, Department of Family Medicine, The Reading Hospital and Medical Center*

**Douglas J. Berne, MD**  
*Section Chief, Child and Adolescent Psychiatry Department of Psychiatry The Reading Hospital and Medical Center*

**Deborah Bevino, PhD**  
*Faculty Associate, Family Medicine Residency Program Clinical Psychologist The Center for Mental Health The Reading Hospital and Medical Center*

**Adam G. Biuckians, MD**  
*Child and Adolescent Psychiatry Department of Psychiatry Lancaster General Hospital*

**Johanna Kelly, MD**  
*Pediatrician, The Reading Hospital and Medical Center and Reading Pediatrics*

**Andres J. Pumariega, MD**  
*Chair, Department of Psychiatry, The Reading Hospital and Medical Center Professor of Psychiatry, Temple University School of Medicine*

**Christine M. Stabler, MD**  
*Associate Residency Director Lancaster General Hospital Family and Community Medicine*

## REGISTRATION CARD

### 2nd Annual Conference on Primary Care and Child/Adolescent Psychiatry: Autism and Other Behavioral Challenges of Childhood

Friday, May 1, 2009

*There is no fee to attend this program.*

NAME \_\_\_\_\_

SPECIALTY \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PLACE OF EMPLOYMENT \_\_\_\_\_

DAYTIME PHONE NUMBER \_\_\_\_\_ E-MAIL \_\_\_\_\_

### Lunch & Learn:

Lunch will offer vegetarian selections in addition to our regular menu; however, we are unable to accommodate gluten-free requests at this time.

### Registration is required.

**Deadline: Wednesday, April 22, 2009**

**By mail:** The Reading Hospital and Medical Center  
Udema Millsaps, Center for Mental Health  
Center for Mental Health, K-Bldg  
Reading, PA 19612

**By email:** [millsapsu@readinghospital.org](mailto:millsapsu@readinghospital.org)

**By fax:** 610-988-9319

For questions or information about this conference  
call Udema Millsaps at 610-988-8364.



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